Functional Demands Rating: (<i>Please see Rating Key on Pg.4</i>)			MANUAL HANDLING:		
Very-Light-Sedentary/ Light/ Medium/ Heavy/ Very Heavy			Lifting: Medium Push/Pull: Heavy		
			Repetitive Work: Lig	ght/Frequent	
Activity Level Throughout Wo	orkday				
Physical Activity	Occasional	Frequent	Continuous	Not Applicable	
Requirements Sitting	(0-35% of day) X	(36-66% of day)	(67-100% of day)		
			X		
Standing Wallsing		V	Λ		
Walking	N.	X			
Climbing	X				
Lifting (Within floor to waist level)	35 lbs				
Lifting (Within Waist to Below Shoulder Level)	50 lbs				
Lifting (Within Shoulder	8 lbs	3 lbs			
Level and Above Carrying objects	20 lbs	Less than 5 lbs			
Carrying objects	20108	Less than 5 lbs			
Push/Pull	85 lbs	60 lbs			
Bending	Extreme Bending	Moderate Bending	Neutral to Mild		
Neutral 0 to 20 degrees Moderate 20 to 60 degrees					
Extreme 60 degrees or more					
Reaching Forward			X		
Reaching Overhead		X			
Reaching Below Knee to Ground Level	X				
Squat/Kneel/Crawl	Х				
Wrist Position Deviation		X			
Pinching/Fine Motor		X			
Activities Repetitive Motion		X			
•					
Use of Both Hands			X		
Eye Hand Coordination			X		
Taste				Х	
Talk			X		
Smell	Х				
Driving				Х	

Sensory Requirements						
	Accurate	Very	Not			
	20/40	Accurate	Applicable			
		20/20				
Near Vision		Х				
Far Vision	Х					
	Minimal	Moderate	Accurate	Not Applicable		
Color			Х			
Discrimination						
Depth			Х			
Perception						
Hearing			Х			

Occupational Exposure Risk Potential

	Reasonably Anticipated	Not Anticipated
Bloodborne/other biologic pathogens	X	
Chemical	X	
Airborne/aerosolized diseases	X	
Extreme temperatures		X
Radioactive materials		Х
Uneven surfaces or elevations		Х
Extreme noise levels	X	
Dust/particulate matter	X	
Other (List)	Disinfectant Fumes	-
Unusual workday hours	X	
Laser Exposure	X (Fritch Surgical Center, 100.7143; Surgical Services, 100.7146, 200.7146)	

FUNCTIONAL DEMANDS KEY

Label	Description
Very-Light- Sedentary	Lift/Carry - Occasional 0# to 15#, Frequent 0# to 10#; Push/Pull - 0# to 5# force
Light	Lift/Carry - Occasional 16# to 30#, Frequent 11# to 20#; Push/Pull - 6# to 15# force; Lateral transfer - 0# to 20# (e.g. assist with patient equipment during patient transfer)
Medium	Lift/Carry - Occasional 31# to 50#, Frequent 21# to 30#; Push/Pull - 16# to 25# force (e.g. 250# patient in wheelchair, or same patient in bed; multiple assist patient; empty bed or cart); Lateral Transfer - 21# to 50# (e.g. transfer of patient in bed; multiple assist)
Heavy	Lift/Carry - Occasional 51# to 80#, Frequent 31# to 50#; Push/Pull - 26# to 35# force (e.g. 275# patient in wheelchair, or same patient in bed; multiple assist); Lateral Transfer - 51# to 90# (e.g. transfer of patient in bed, multiple assist)
Very Heavy	Lift/Carry - Occasional 81# and above, Frequent 51# and above; Push/Pull - 36# and above force (e.g. 300# patient in wheelchair, or same patient in bed; multiple assist); Lateral Transfer - 91# and above (e.g. transfer of maximum mobility assist patient in bed, multiple assist)